

HAMMER[®] STRENGTH

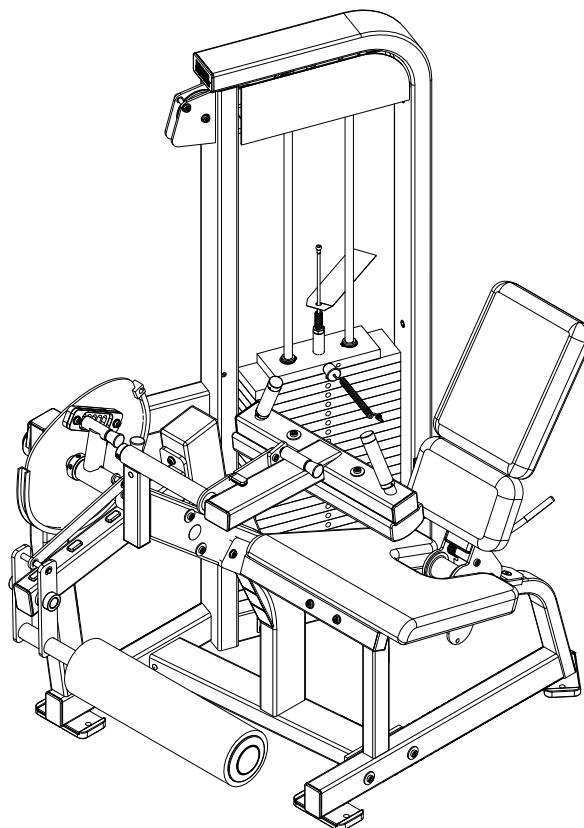
**HAMMER
STRENGTH[®]**

HAMMER SELECT

PARTS MANUAL

**SEATED LEG CURL
HS-SLC**

8/30/2022



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KEY

LANGUAGE 1 2 3

Items with Black call-outs require the language to be listed within the order notes. IE. English

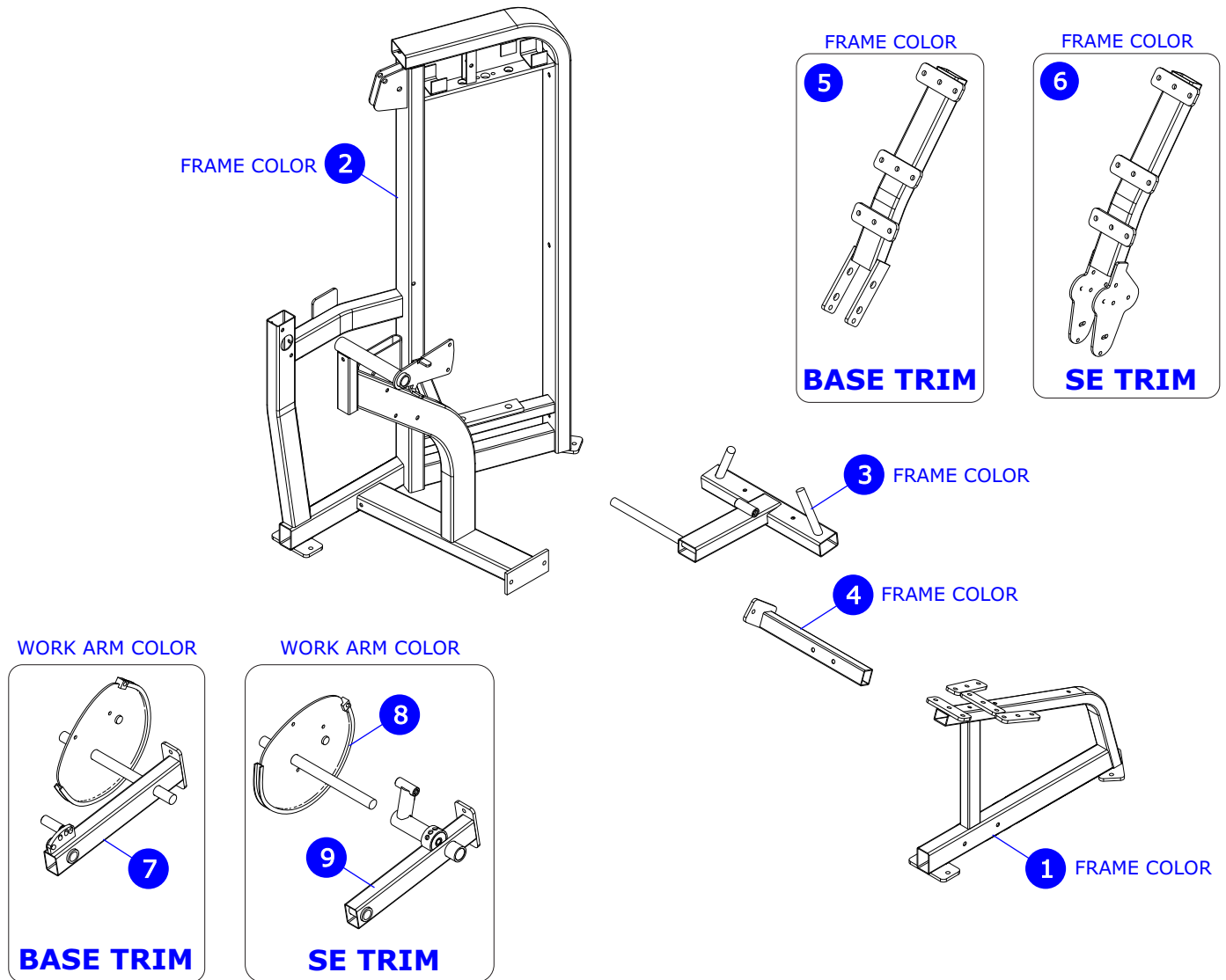
UPHOLSTERY 1 2 3

Items with Gray call-outs require the upholstery color listed within the order notes. IE: Putty

FRAME AND WORK ARM COLORS 1 2 3

Items with Blue call-outs require the powder coat frame color to be listed within the order notes. Add 'No Clear' after color - IE. Platinum No Clear

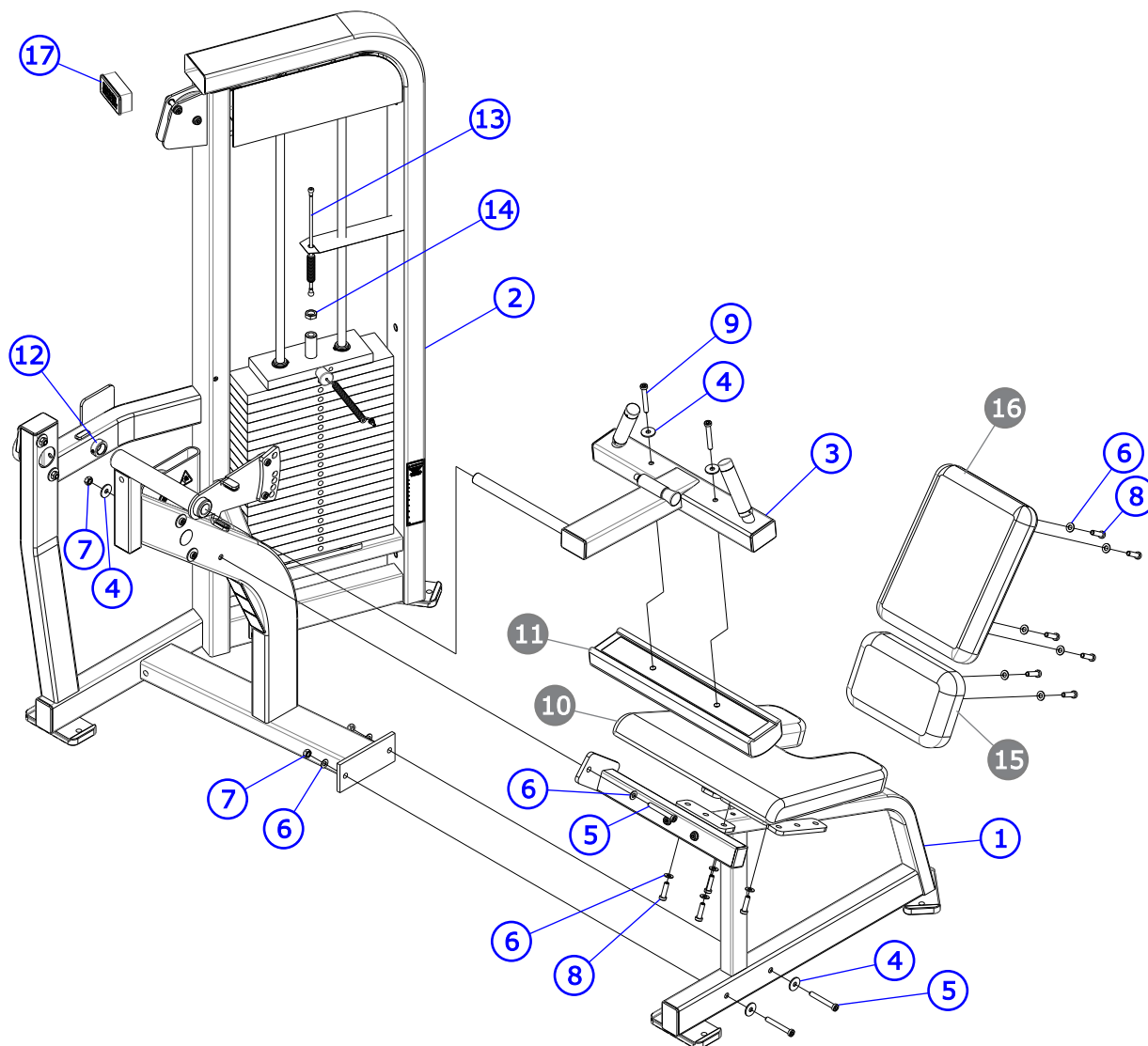
POWDER COATED COMPONENTS



ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	7656101	WLDMT, PSSLC SEAT FRAME
2	1	POSSIBLE RMA	WLDMT, PSSLC-SIDE FRAME
3	1	7580699	WLDMT, PSSLC-THIGH RESTRAINT
4	1	7656099	WLDMT, PSSLC SEAT BRACE
5	1	7384299	WLDMT, PS-ST5
6	1	7387399	WLDMT, PS-ST6
7	1	8387999	WLDMT, PSSLC-BMA
8	1	8388199	WLDMT, PSSLC, CAM-OMA
9	1	8388099	WLDMT, PSSLC-OMA

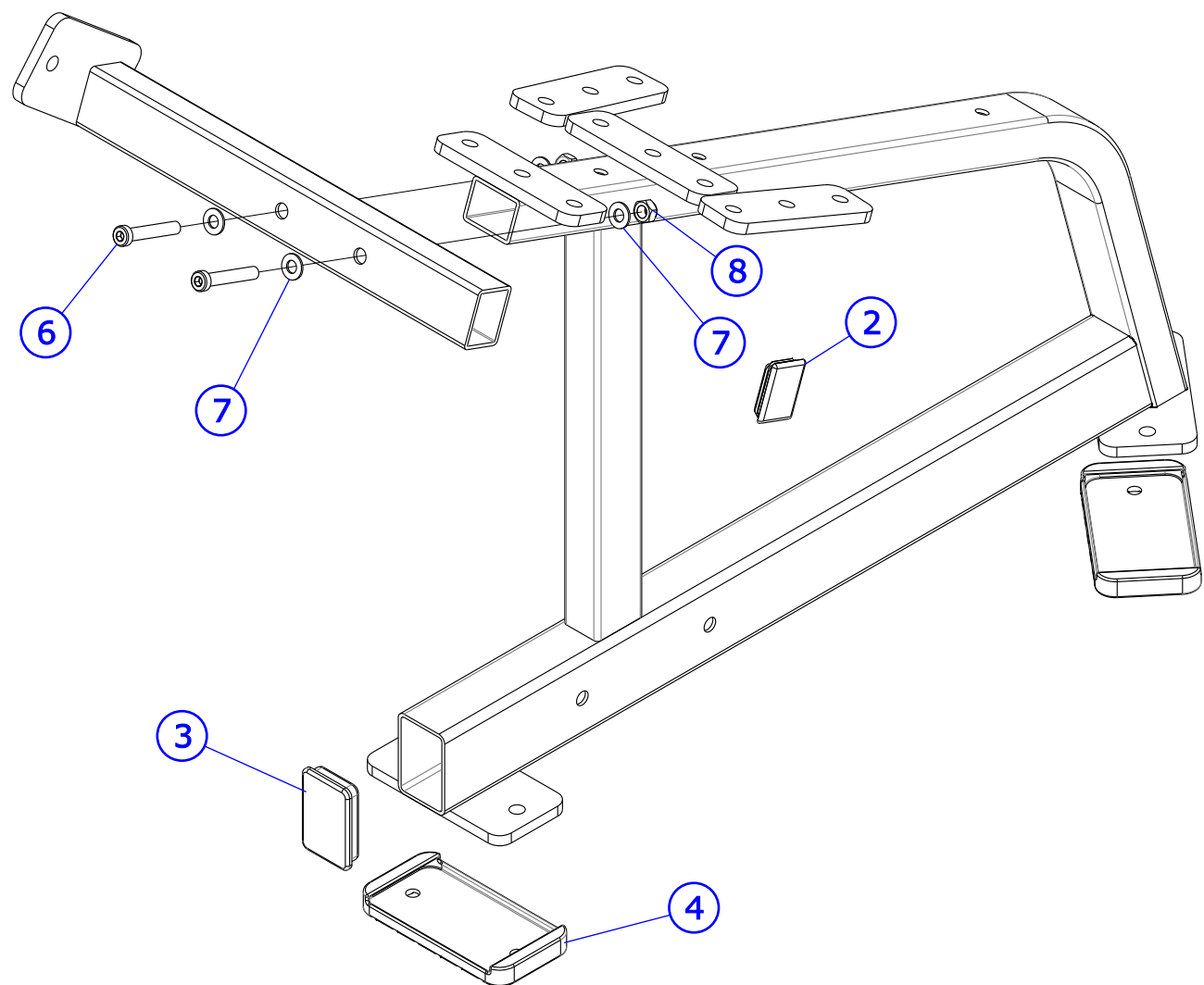
ITEMS ON THIS PAGE ARE POWDER COAT PAINTED. REFER TO PAGE 2 FOR ORDERING INSTRUCTIONS.

COMPONENT ASSEMBLY



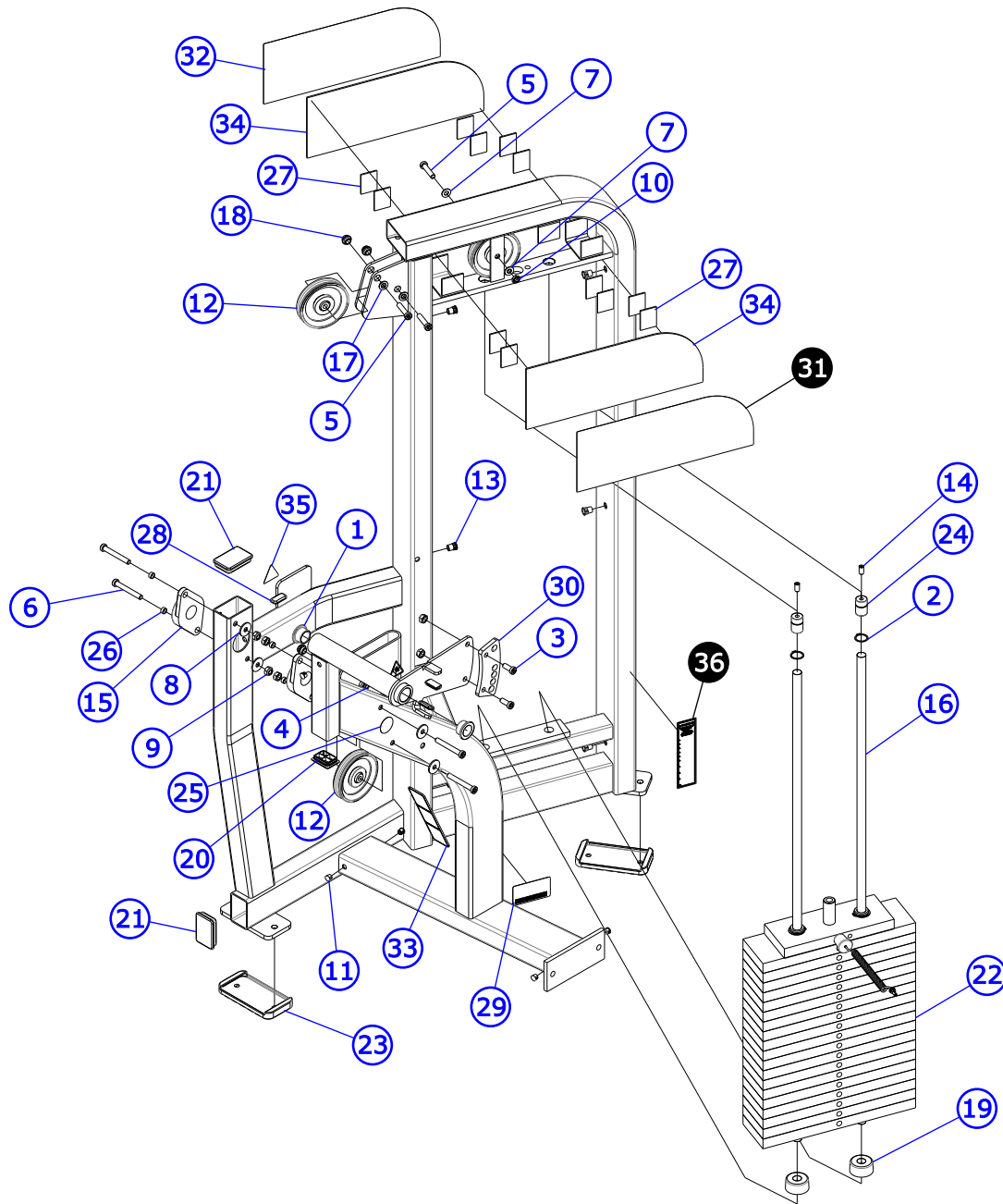
ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	-	ASSY, PSSLC SEAT-FRAME
2	1	-	ASSY, PSSLC, SIDE FRAME
3	1	-	ASSY, PSSLC THIGH HOLD-DOWN
4	5	3236602	WASHER, 3/8 ID X 1.25 OD SS
5	3	3236212	SCREW, M10 X1.5 75MM
6	13	3236601	WASHER, 3/8 SAE SS
7	3	3236801	NUT, M10 HEX NYLOCK SS
8	10	3236204	SCREW, M10 X1.5 35MM
9	2	3236211	SCREW, M10 X1.5 70MM
10	1	7459199	PAD, SEAT 18-1/2 X 19-7/8
11	1	7470799	PAD, KNEE
12	1	7435301	COLLAR, SHAFT 1.020 ID
13	1	7423714	CABLE, PSADC/SLC
14	1	3236902	NUT, HEX JAM M16 X 2 SS
15	1	7399399	PAD. 7 X 11-1/4
16	1	7422199	PAD, BACK 15 X 11-1/4
17	1	9462701	CAP, HAMMER, END 2 X 4

SEAT FRAME ASSEMBLY



ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	1	9217401	CAP, 1.5IN X 2IN -10-14GA, END
3	1	7352301	CAP, END 2 X 3
4	2	MM-9	3 X 6 FLANGE RUBBER SLIPPER
6	2	3236209	SCREW, M10 X1.5 60MM
7	4	3236601	WASHER, 3/8 SAE SS
8	2	3236801	NUT, M10 HEX NYLOCK SS

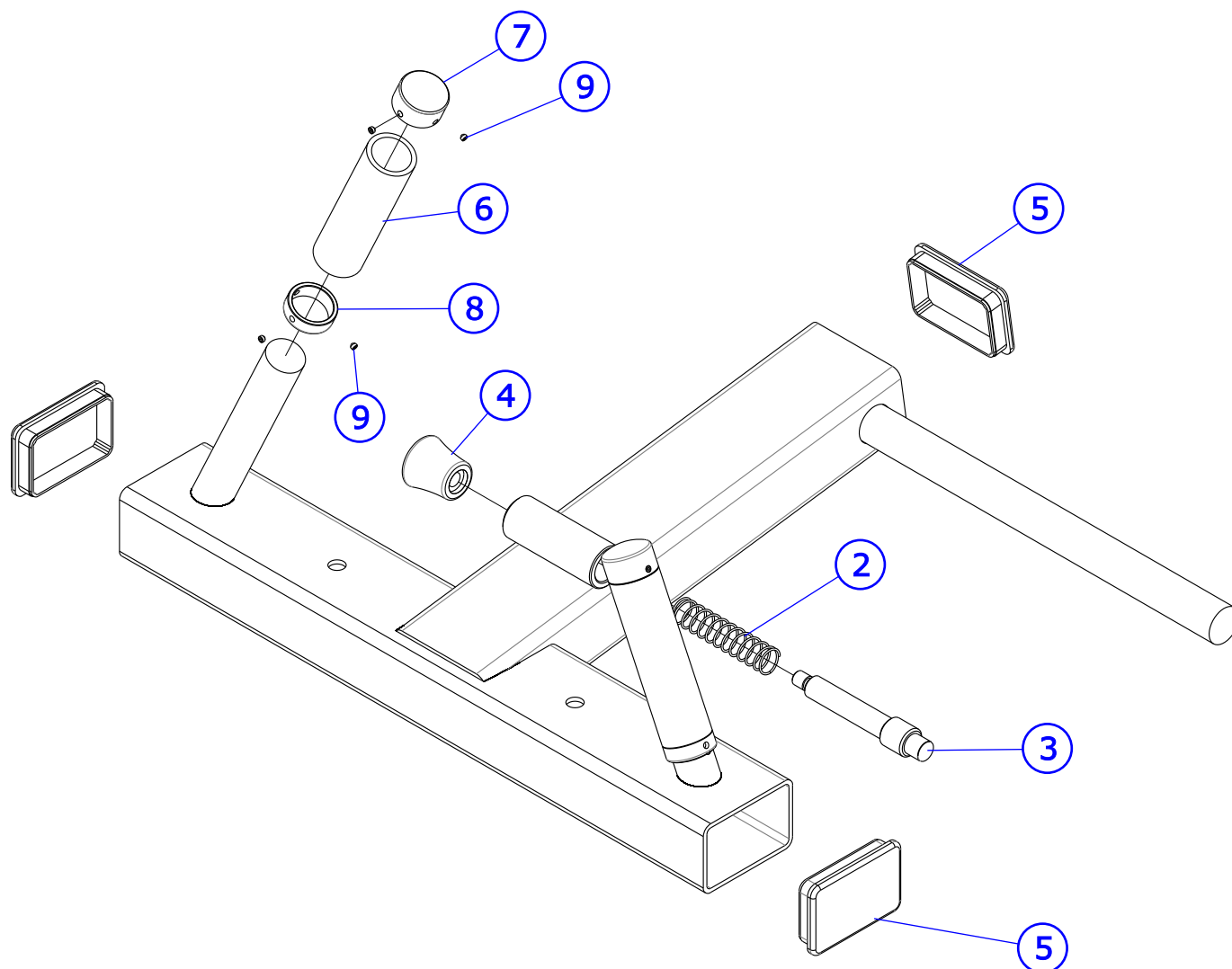
SIDE FRAME ASSEMBLY



ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	2	3104903	1.00" ID 1.25" OD BRONZ BUSHING
2	2	3232421	RING, BRE .940, 5100-100 ST PP B
3	2	3236202	SCREW, M10 X1.5 25MM
4	1	3236205	SCREW, M10 X1.5 40MM
5	3	3236206	SCREW, M10 X1.5 45MM
6	4	3236212	SCREW, M10 X1.5 75MM
7	2	3236601	WASHER, 3/8 SAE SS
8	4	3236602	WASHER, 3/8 ID X 1.25 OD SS
9	6	3236801	NUT, M10 HEX NYLOCK SS
10	1	3236901	NUT, HEX JAM M10 X 1.5 SS
11	8	3237401	PLUG, 7/16" HOLE
12	3	3237801	PULLEY, 4.5" OD
13	6	3238601	M10X1.5 BLIND THREADED INSERT (HEX)
14	2	3240501	M10 X 1.5 HXS NO CUP ST BO
15	2	3244501	BEARING, 2 HOLE FLANGE, 1.25" ID
16	2	7328601	GUIDE ROD, .75 OD SOLID 48.38
17	3	7348101	WASHER, SPACER
18	3	7335401	NUT, M10 X 1.5 SOCKET HEAD

ITEM NO.	QTY.	PART NO.	DESCRIPTION
19	2	7352101	CUSHION, WEIGHT STACK
20	1	9217401	CAP, 1.5IN X 2IN -10-14GA, END
21	2	7352301	CAP, END 2 X 3
22	1	-	ASSY, 300LB STACK
23	2	MM-9	3 X 6 FLANGE RUBBER SLIPPER
24	2	7402301	RETAINER, GUIDEROD
25	1	7488701	LABEL, AXIS OF ROTATION
26	4	7489402	BSHNG, .500 OD X .402 ID X .235
27	12	7544202	PAD, DUAL LOCK 250 1.5" X 2.0"
28	3	7570801	GUARD, PAINT 1.25"x.75"x.25"
29	1	7571301	LABEL, SERIAL NUMBER, BLANK
30	1	7573601	PLATE, SLOTTED .375
31	1	9470299	LABEL, HS-SLC PLACARD
32	1	9470301	LABEL, HS-SLC LOGO PANEL
33	1	7590101	GUARD, PRO 2 PAINT
34	2	9169401	COVER, STACK-PRO2 STD
35	2	8039501	LABEL, WARNING, TRIANGLE
36	1	8220099	LABEL, ASTM, SELECT VERT-ENG

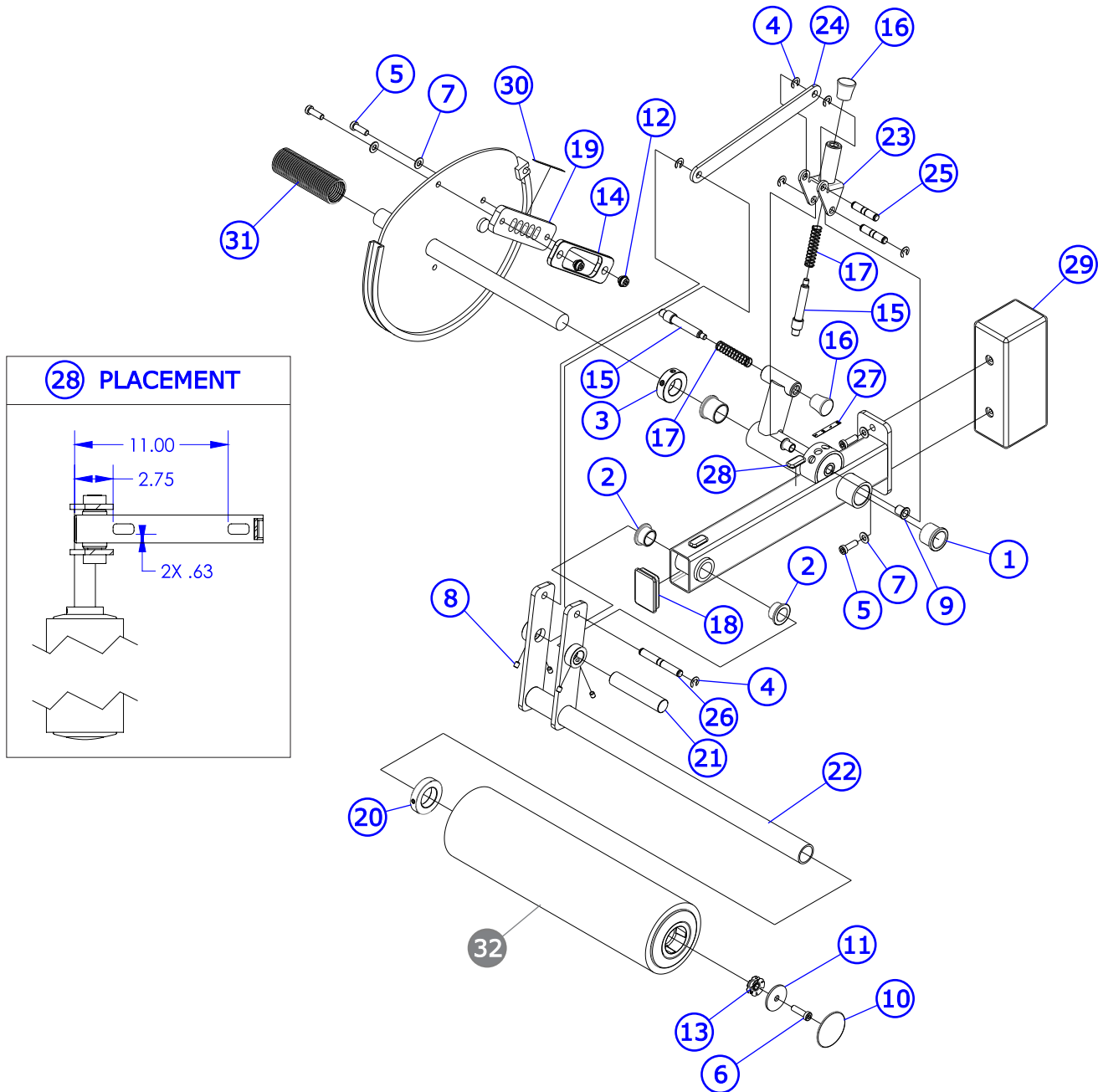
THIGH HOLD-DOWN ASSEMBLY



ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	1	7351501	SPRING, PULL PIN LARGE
3	1	7351301	PIN, PULL
4	1	7351401	KNOB, TULIP STYLE
5	3	7352301	CAP, END 2 X 3
6	2	3235801	GRIP, OPEN END
7	2	7662901	CAP, GRIP 1.25 OD
8	2	7662801	RING, GRIP 1.25 OD
9	8	3247701	M4 X .7 HXS NO CUP ST BO

MOVEMENT ARM ASSEMBLY

SE TRIM

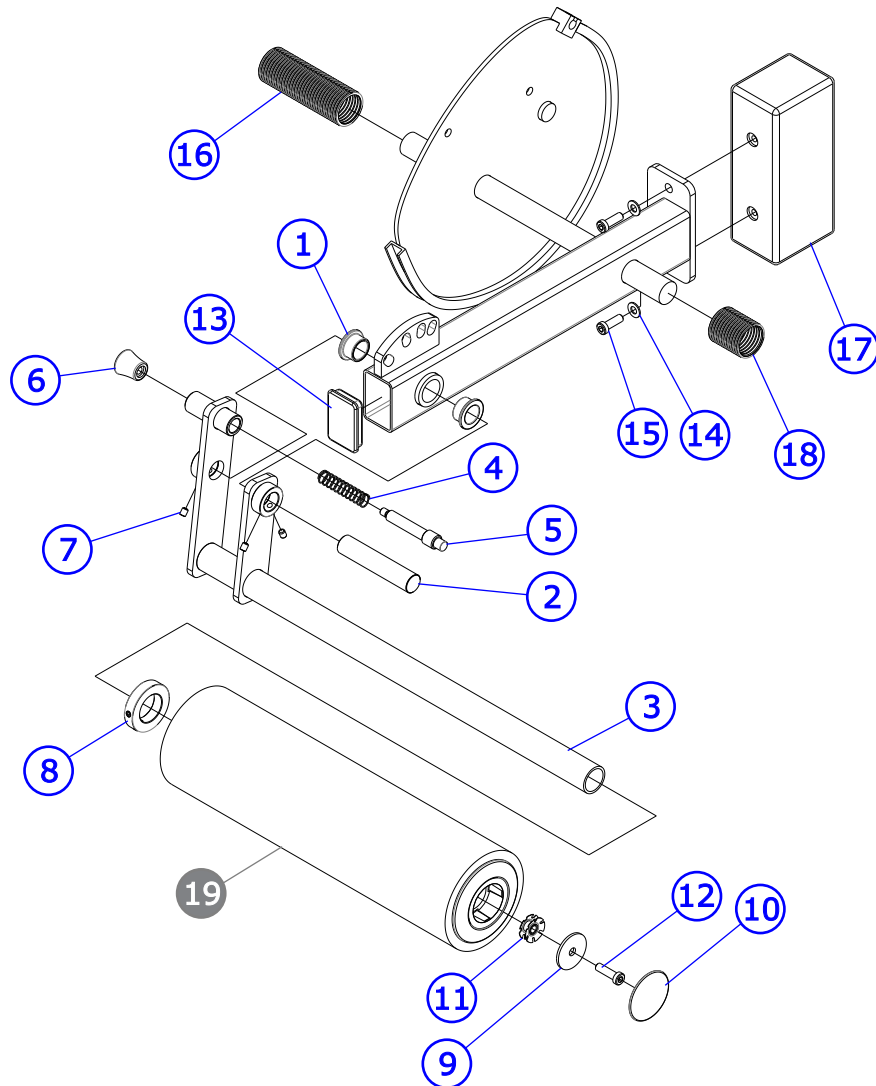


ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	2	3104907	1.25" ID 1.50" OD BRONZE BUSHING
2	2	3104903	1.00" ID 1.25" OD BRONZ BUSHING
3	1	3265501	SHAFT COLLAR, 1.25 I.D. ZINC
4	10	3221705	E-RING, 3/8
5	4	3236203	SCREW, M10 X1.5 30MM
6	1	3236204	SCREW, M10 X1.5 35MM
7	4	3236601	WASHER, 3/8 SAE SS
8	4	3242902	SCREW, SET BO
9	2	6020601	BEARING, FLG 1/2 ID X 5/8 OD X 3/4
10	1	7308701	CAP, BEARING HOUSING
11	1	7322301	PLATE, 1.97 OD X .44 ID 10GA
12	2	7335401	NUT, M10 X 1.5 SOCKET HEAD
13	1	7347301	NUT, SPIDER M10 X 1.5
14	1	7350901	PLATE, SLOT STOP
15	2	7351301	PIN, PULL X 4.375
16	2	7351401	KNOB, TULIP STYLE

ITEM NO.	QTY.	PART NO.	DESCRIPTION
17	2	7351501	SPRING, PULL PIN LARGE
18	1	7352301	CAP, END 2 X 3
19	1	7352501	5-HOLE SELECTOR PLATE
20	1	7357901	SHAFT COLLAR, 1-1/2" ID ALUM
21	1	7358201	SHAFT, 1 DIA X 4.88
22	1	7375895	WELDMENT, PSLE-OPTIONAL MA KICKER
23	1	7379995	WELDMENT, PS - 4-BAR SHIFTER
24	1	7380195	LINK, PS - 4-Bar Assy
25	2	7380201	PIN, PS - 4-BAR
26	1	7380202	PIN, PS - 4-BAR
27	1	7422005	LABEL, SMALL - XL
28	2	7570801	GUARD, PAINT 1.25"x.75"x.25"
29	1	7802501	WEIGHT, COUNTER LG
30	1	7805801	LABEL, PS A-E STRAIGHT
31	1	8378202	SLEEVE, ACCORDION 1.50 ID X 5.5
32	1	7392899	ASSY, ROLLER PAD LONG

MOVEMENT ARM ASSEMBLY

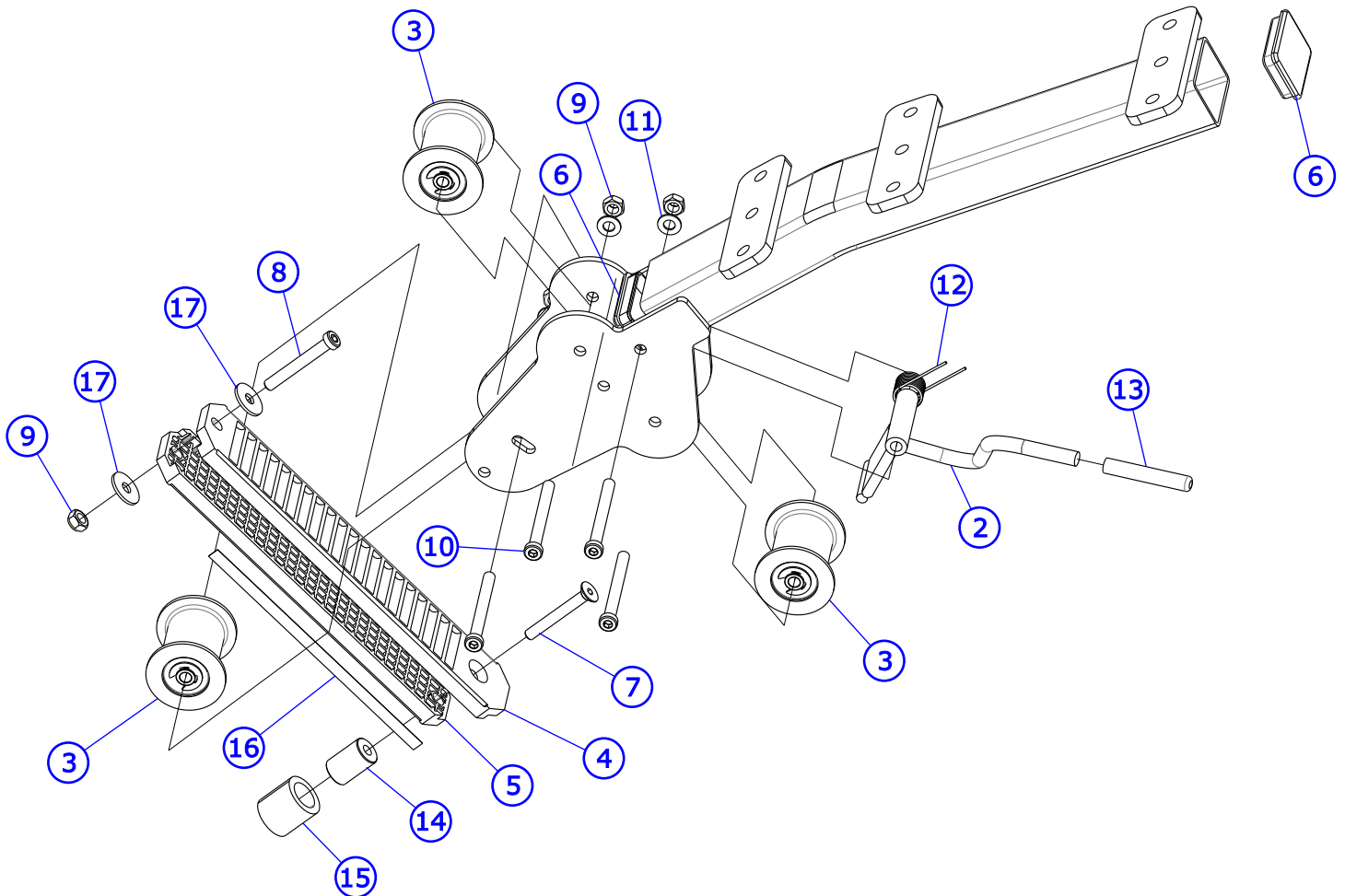
BASE TRIM



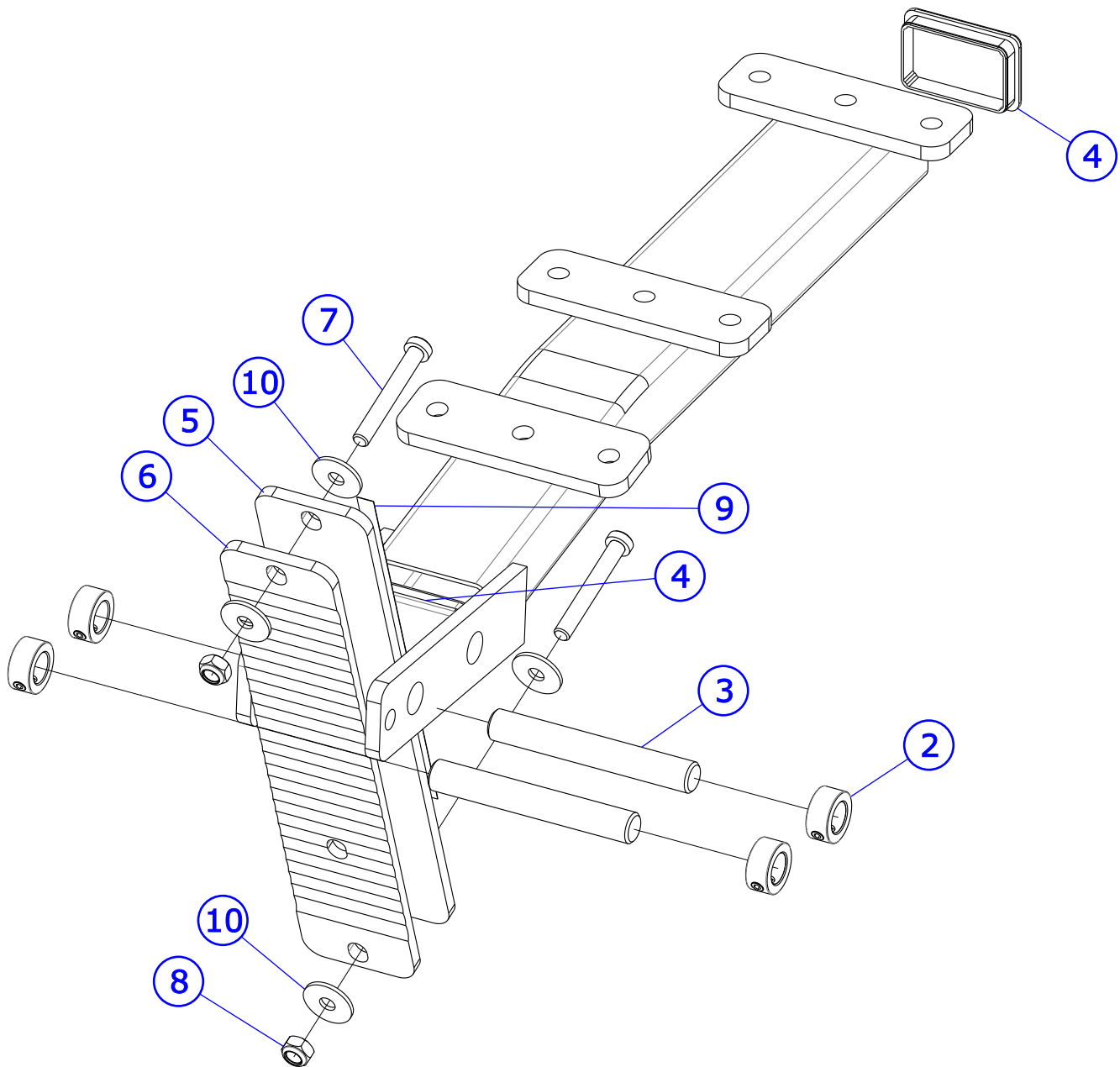
ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	2	3104903	1.00" ID 1.25" OD BRONZ BUSHING
2	1	7358201	SHAFT, 1 DIA X 4.88
3	1	7374695	WELDMENT, PSLE&LC-BASE KICKER
4	1	7351501	SPRING, PULL PIN LARGE
5	1	7351301	PIN, PULL
6	1	7351401	KNOB, TULIP STYLE
7	4	3242902	SCREW, SET BO
8	1	7357901	SHAFT COLLAR, 1-1/2" ID ALUM
9	1	7322301	PLATE, 1.97 OD X .44 ID 10GA
10	1	7308701	CAP, BEARING HOUSING
11	1	7347301	NUT, SPIDER M10 X 1.5
12	1	3236204	SCREW, M10 X1.5 35MM
13	1	7352301	CAP, END 2 X 3
14	2	3236601	WASHER, 3/8 SAE SS
15	2	3236203	SCREW, M10 X1.5 30MM
16	1	8378202	SLEEVE, ACCORDION 1.50 ID X 5.5
17	1	7802501	WEIGHT, COUNTER LG
18	1	8378201	SLEEVE, ACCORDION 1.50 ID X 2.0
19	1	7392899	ASSY, ROLLER PAD LONG

ROLLER SEAT ASSEMBLY

SE TRIM

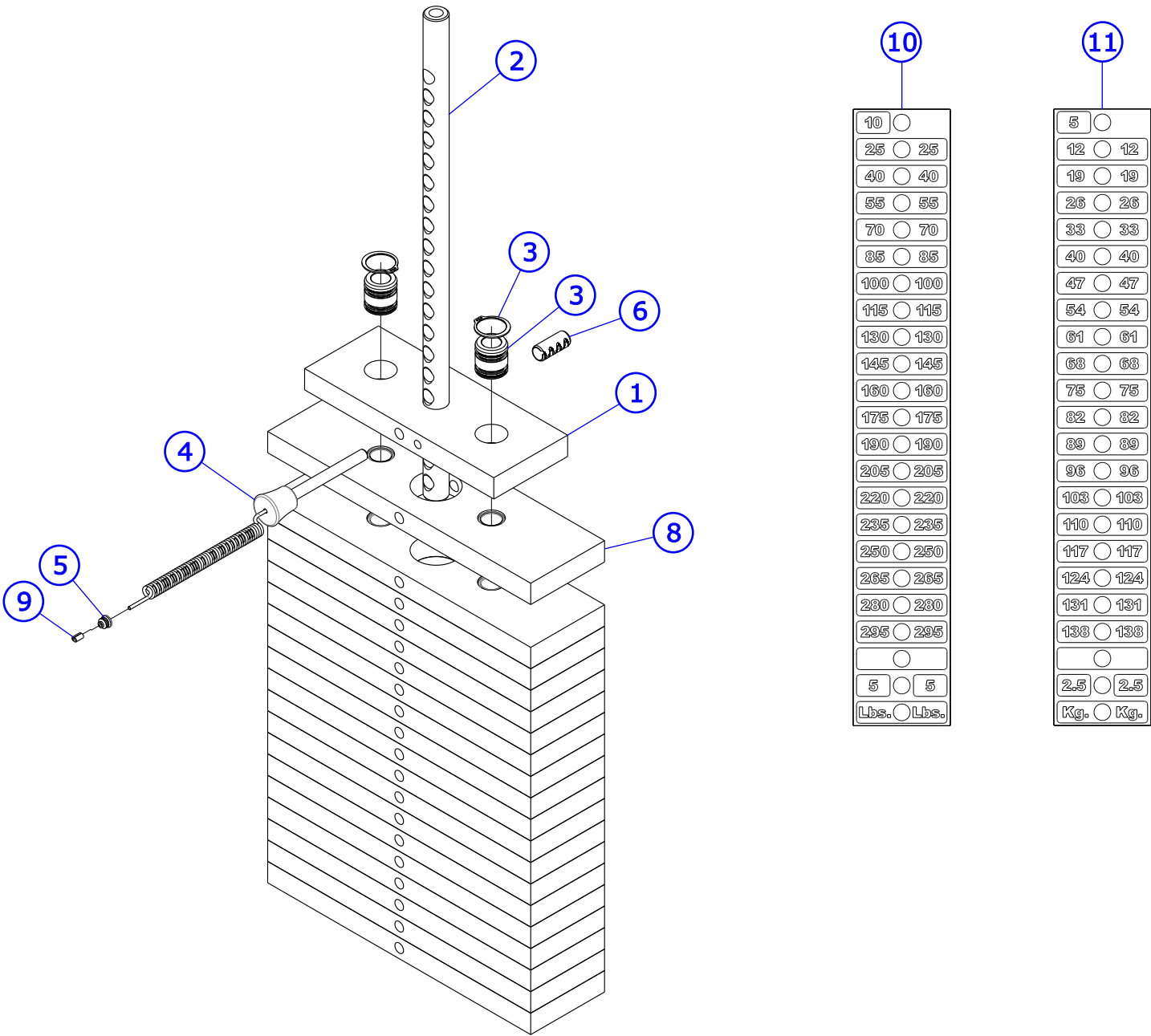


ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	1	8417195	WLDMT, ROLLER SEAT HANDLE SG
3	3	7564201	ASSY, SEAT ROLLER
4	1	8416801	TRACK, SEAT - SERRATED
5	1	7564401	SEATRACK, FLAT
6	2	7352301	CAP, END 2 X 3
7	1	3238312	M10x1.5x75MM
8	1	3236212	SCREW, M10 X1.5 75MM
9	5	3236801	NUT, M10 HEX NYLOCK SS
10	4	3236217	SCREW, M10 X1.5 100MM
11	4	3236601	WASHER, 3/8 SAE SS
12	1	7442701	SPRNG, PRO2 HANDLE TORSION
13	1	3238502	CAP, 1/2 X 3
14	1	7570601	STOP, ROLLER SEAT
15	1	3235804	GRIP, 1.5 OD X .25 WALL X 1.5 L OPEN END
16	1	7422002	LABEL, SEAT ADJUST
17	2	3236602	WASHER, 3/8 ID X 1.25 OD SS

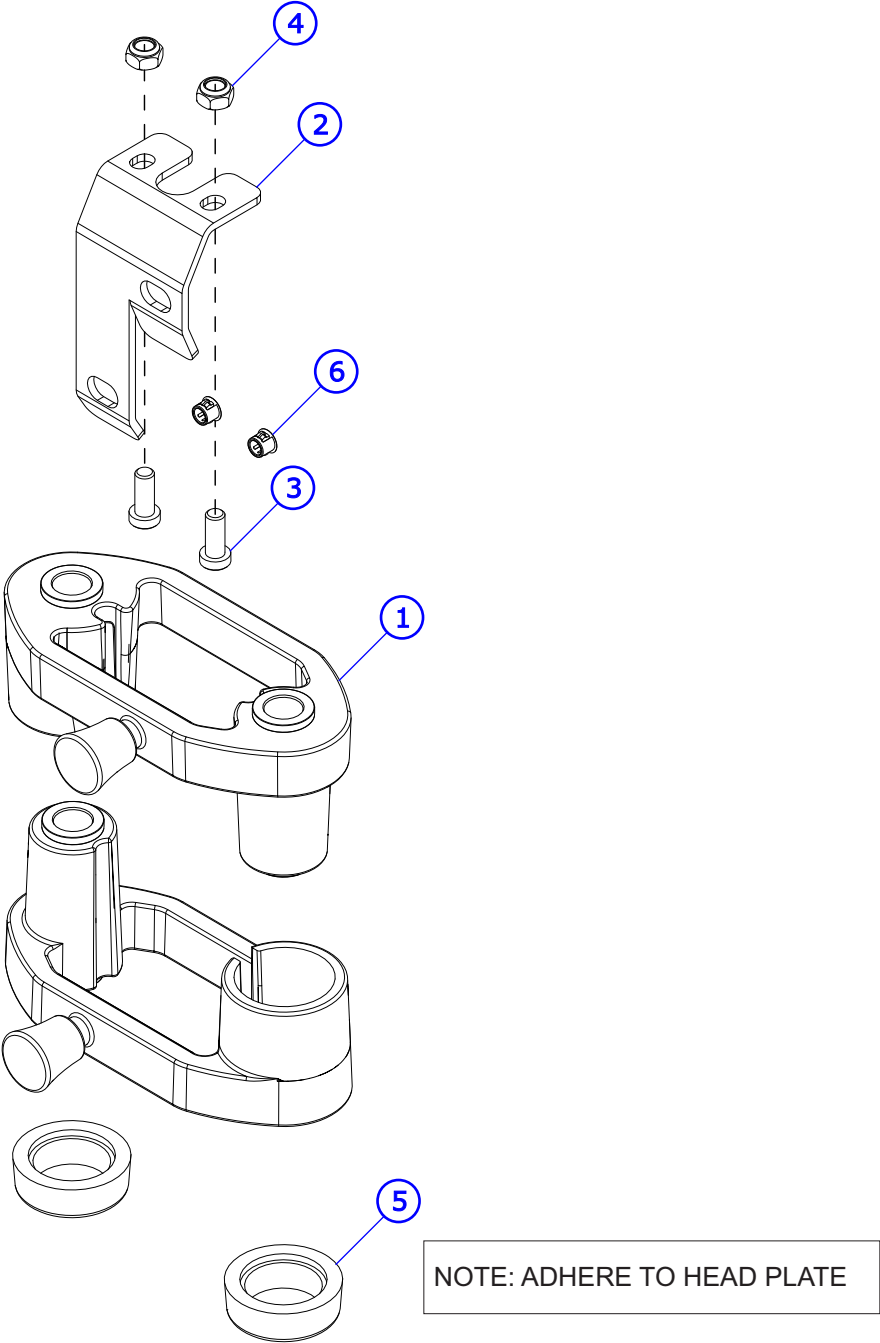


ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	4	3103301	SHAFT COLLAR, 3/4 I.D. ZINC
3	2	7359301	.75" ROUND SEAT PIN
4	2	7352301	CAP, END 2 X 3
5	1	7359701	SEATRACK FRONT
6	1	7359801	SEATRACK BACK
7	2	3236212	SCREW, M10 X1.5 75MM
8	2	3236801	NUT, M10 HEX NYLOCK SS
9	1	7422002	LABEL, SEAT ADJUST
10	4	3236602	WASHER, 3/8 ID X 1.25 OD SS

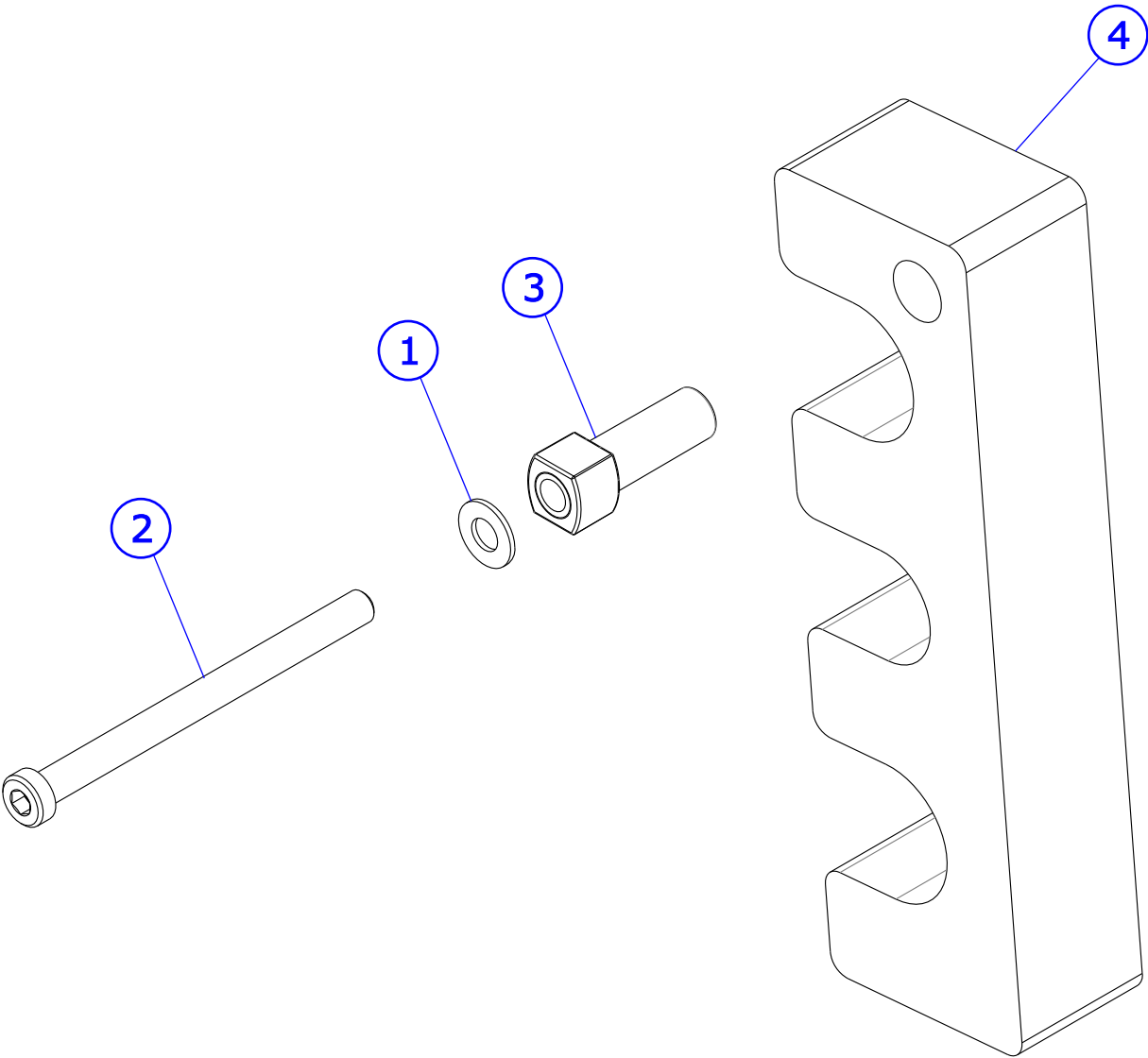
WEIGHT STACK ASSEMBLY



ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	7353901	HEADPLATE, WT. STACK
2	1	7356601	STEM, PRO2 19 HOLE
3	2	7338001	BUSHING, HEADPLATE
4	1	7353001	ASSY, SELECTOR PIN
5	1	7356501	PLUG, LANYARD ATTACHMENT
6	1	3236001	BUSHING, SPRING PIN
8	19	7353801	ASSY, 15 LB PLATE
9	1	7523601	CRIMP, CABLE
10	1	7987201	LABEL, 300 LB STACK
11		7987401	LABEL, 138 KG STACK

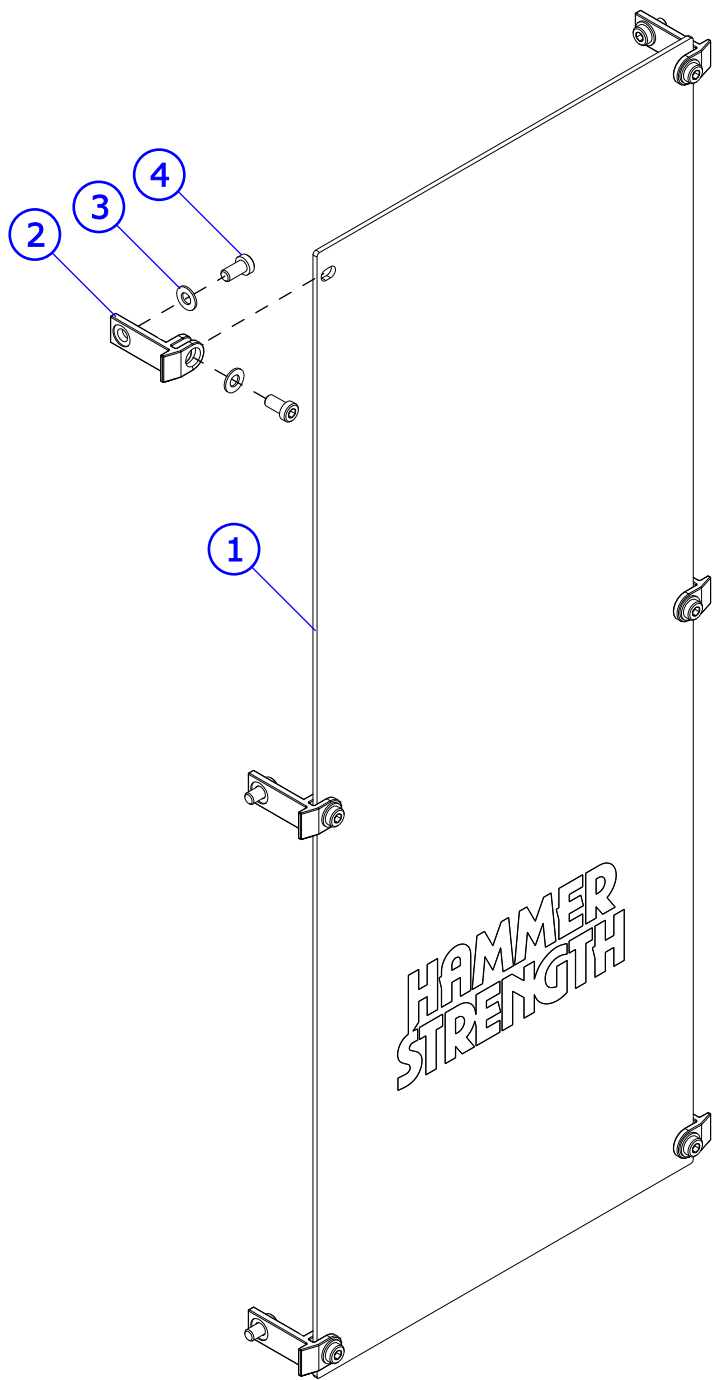


ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	2	8047001	ASSY, PS, INCREMENT WEIGHT
2	1	1012781-0001	PLATE, INCREMENT WEIGHT STRIKER
3	2	3236202	M10 X 1.5 X 25 SHCS, LOW HEAD
4	2	3236801	NUT, NYLOCK M10 X 1.5 SS
5	2	7767601	BUMPER, PS INCREMENT
6	2	3237401	PLUG, 7/16" HOLE



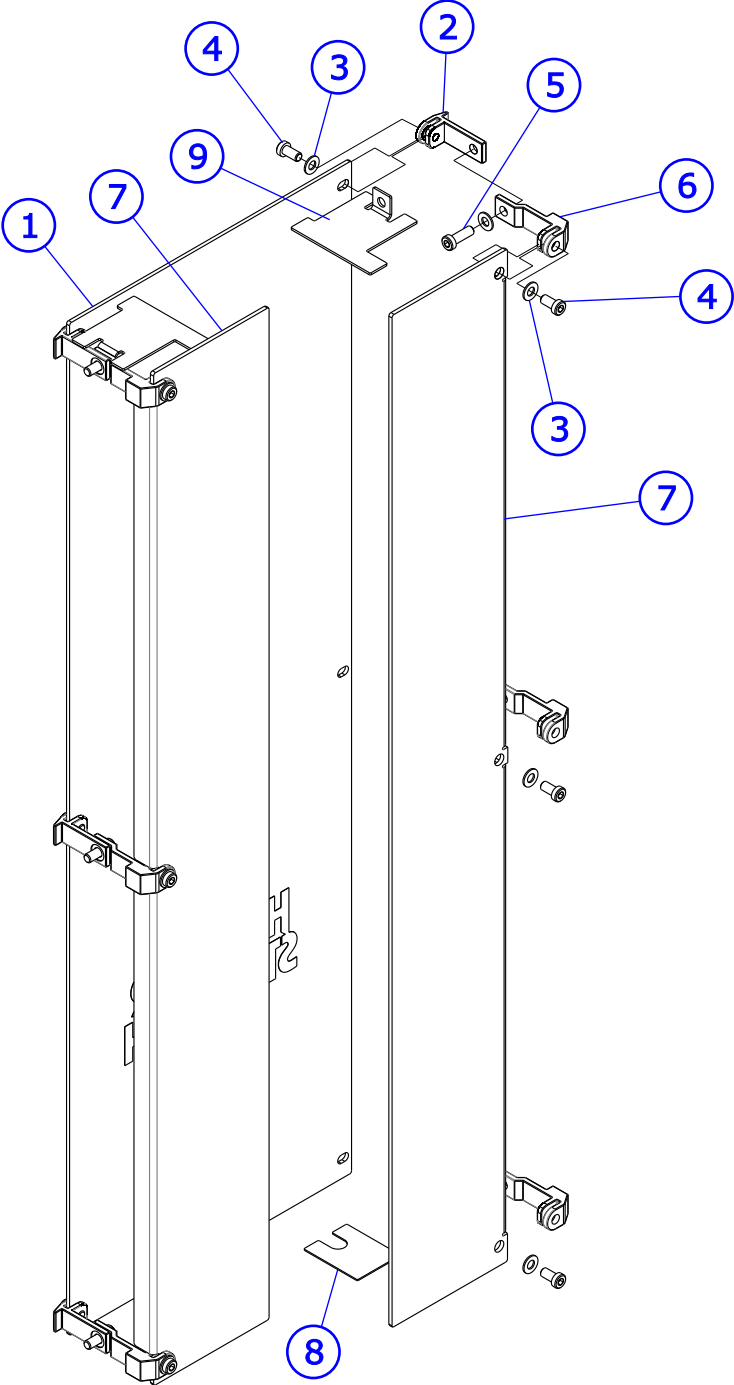
ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	3236601	WASHER, 3/8 SAE SS
2	1	3236220	SCREW, M10 X1.5 130MM
3	1	7401701	COVER, PLASTIC PEG
4	1	7366101	WEIGHT, 7.5 LB. ADD-ON

REAR SHROUD ASSEMBLY



ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	9475702	SHROUD, HS REAR 51.00 X 16.43
2	6	7655301	BRACKET, PS REAR SHIELD
3	12	3236601	WASHER, 3/8 SAE SS
4	12	3236201	SCREW, M10 X1.5 20MM

FULL SHROUD ASSEMBLY



ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	9475702	SHROUD, HS REAR 51.00 X 16.43
2	6	7655301	BRACKET, PS REAR SHIELD
3	18	3236601	WASHER, 3/8 SAE SS
4	12	3236201	SCREW, M10 X1.5 20MM
5	6	3236203	SCREW, M10 X1.5 30MM
6	6	7376601	BRACKET, PS FRONT SHIELD
7	2	7376902	SHIELD, PS FRONT 51.0
8	2	7570901	PLATE, PS SHIELD STAND-OFF
9	2	7657401	PLATE, PRO2 SHROUD SPCR